

OTOLARYNGOLOGY – FACIAL PLASTIC SURGERY OF LONG ISLAND, P.C.

NY FACIAL PLASTICS

NY FACIAL SURGICAL FACILITY, LLP

NY FACIAL MEDI-SPA

NY FACIAL SINUS & SKULL BASE CENTER

B. Todd Schaeffer, MD, FACS

Moshe Ephrat, MD, FACS

Francine Schnabel, Licensed Aesthetician

Marc Berlin, MA, CCC/SLP

Fellow

American College of Surgeons

American Academy of Otolaryngology – Head and Neck Surgery

American Academy of Facial Plastic and Reconstructive Surgery

Affiliated Hospitals

North Shore University Hospital

Long Island Jewish Medical Center

Schneider Children's Hospital

Day – Op of Long Island

Mount Sinai Medical Center, NY

Pre and Post Operative Surgical Instruction Sheet

1. NO Aspirin, Advil, Motrin, Alleve or any anti-inflammatory medicines 2 weeks before surgery until 2 weeks after surgery.
2. Discontinue all vitamins 2 weeks prior to surgery.
3. Nothing to eat or drink after midnight the night prior to your surgery.
4. Wear loose fitting clothes which can be easily changed into and out of.
5. Remove any facial/ eye makeup before coming to the office operating room.
6. Remove any jewelry, necklaces or rings before coming to the office operating room.
7. Obtain medical clearance if receiving intravenous sedation anesthesia.
8. Have a presurgical re-evaluation with the surgeons to go over any questions you may have. You will receive prescriptions to be filled before surgery for after surgery.
9. Make appointment for post operative visit.
10. Somebody has to drive you home if you receive intravenous sedation. You will be unable to drive for 24 hours.
11. If you receive intravenous conscious sedation YOU must make arrangements for somebody to stay with you over night.

Thank you

B. Todd Schaeffer, MD, FACS Moshe Ephrat, MD, FACS