

OTOLARYNGOLOGY – FACIAL PLASTIC SURGERY OF LONG ISLAND, P.C.
NY FACIAL PLASTICS
NY FACIAL SURGICAL FACILITY, LLP
NY FACIAL MEDI-SPA
NY FACIAL SINUS & SKULL BASE CENTER

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Fellow

American College of Surgeons
American Academy of Otolaryngology – Head and Neck Surgery
American Academy of Facial Plastic and Reconstructive Surgery

Affiliated Hospitals

North Shore University Hospital
Long Island Jewish Medical Center
Schneider Children's Hospital
Day – Op of Long Island
Mount Sinai Medical Center, NY

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WAX (CERUMEN)

Wax is normally produced in the outer ear to help clean and protect the ear canal. Most people do not require ear cleaning or removal of ear wax. However, a significant amount of people require wax removal because wax is pushed into the ear canal by fingers or Q-tips which then contribute to ear pain, hearing loss and infection. Keeping the wax loose and soft helps prevent impaction or blockage of the ear canal. Therefore, hydrogen peroxide or over-the-counter wax softener preparations are advisable. Dr. Schaeffer and Ephrat's recommendation is hydrogen peroxide, three drops with an eye dropper in the affected ear once or twice a week as needed. Occasionally, despite this regimen, some patients require annual or bi-annual office visits for wax removal either by irrigation, suctioning or curettage.

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