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**TNE VIEW OF BOTTOM OF ESOPHAGUS**

## **TRANS NASAL ESOPHAGOSCOPY (TNE)**

**TNE IS A PROCEDURE TO LOOK INTO THE ESOPHAGUS (FOOD PIPE) AND UPPER STOMACH UNDER TOPICAL ANESTHESIA WITH A FLEXIBLE ENDOSCOPE.**

**THIS IS AN OFFICE PROCEDURE WHILE TOTALLY AWAKE. WE ARE LOOKING FOR REFLUX (acid coming up into your throat from your stomach) OR REASONS WHY YOU CAN'T SWALLOW. THIS IS A DIRECT VISUALIZATION OF THE FOOD PIPE AND UPPER STOMACH.**

**PLEASE DRINK ONLY CLEAR LIQUIDS 3 HOURS BEFORE TNE. THE TOTAL PROCEDURE TAKES UNDER ½ HOUR WITH THE SCOPE IN THE NOSE LASTING UNDER 5 MINUTES.**

**RESUME REGULAR DIET 20 MINUTES AFTER THE PROCEDURE.**

**[DRS. SCHAEFFER & EPHRAT](#)**